

My mother was suffering from a severe 'Frozen Shoulder' Syndrome for a very long time when we were advised to see Dr. Sun. It was my close friend who introduced his clinic to us and her mother was being treated by Dr. Sun with a very good progress. So she was confident that he could help my mother with her right shoulder.

My mother's symptoms were: movement restriction, extremely sore shoulder, upper arm and neck, loss of appetite, sleep and energy due to the pain and it was getting worse and worse day by day.

When she had been suffering for 3 months and couldn't bear the pain anymore even with the pain killers. I took her to a chiropractor who actually made her shoulder condition worse.

We were seeing an acupuncturist recommended by the chiropractor without much progress when my friend came over to my place and told me about Dr. Sun. After the 1st treatment, my mother's shoulder moved better instantly, without any pain. When she had been treated everyday for a week, her shoulder movements became more than half way back to normal and stiffness in her neck was gone. Although there were still little restrictions to the movement there was no pain. She could sleep without waking up in the middle of the night and when she woke up she felt great and revitalized.

After 1 month almost all the movements came back, the pain never came back. She could move her shoulder/arm freely. What's more her skin tone has brightened dramatically and age-related dark spots around her cheek bones were almost invisible. Even her hair was healthier, she looked years younger and happier. But the most surprising thing was that her period came back.

My mother is a very healthy and happy person now. Without Dr. Sun's professional treatment she would still be living a very painful life. I don't know how to thank Dr. Sun and all my family greatly appreciate him and his wife for all the help they gave us when we needed it most.

J Lee.

I am writing on behalf of my mother, Bok Yeon Kim. I am pleased to do this testimonial for Dr Sun. Dr Sun has been treating my mother for about six months.

My mother had a stroke history before and she suddenly showed the symptoms of a stroke. I was going to call the ambulance but she wanted Dr Sun to come and do the treatment. Both of her arms and legs were very cold and stiff but after getting acupuncture from Dr Sun her body was getting warm and able to move slowly. My mother had acupuncture treatment almost everyday for about two months after that incident. Now she gets treatment once a week as her condition is far better than before. My mother also suffered from a sore back due to stress. After getting the treatment, it released her stress and the pain she felt in her heart. She used to get a really fast heart beat whenever she was stressed or anxious. Now she doesn't get that often. She has got much better now and I can see the difference after getting the treatment from Dr Sun.

My family is really thankful to meet Dr Sun who is really passionate about his work and he does care for his patients with his love and also with a depth of knowledge in his field. I see him constantly studying and researching to be up to date in acupuncture. I would

like to take this opportunity to thank Dr Sun again and I hope he can use his skill to treat people who suffer from sickness.

E Choi.

I have been a patient of Mr Sun for 3 months. I have had 37 treatments with Mr Sun to date. I had stopped a 20 year addiction to marijuana. My symptoms were not sleeping, headaches, achy joints, emotional fluctuations, rage and depression, excessive sweating at night and low energy.

After just one treatment I felt full of energy. After getting 10 treatments from Mr Sun I noticed a huge change my headaches went away, my fits of rage and depression were significantly reduced. My joint pain and body aches went away as did my cravings for marijuana. My breathing has been helped drastically also my skin has become softer and more sensitive.

During this time Mr Sun gave me a list of foods that I should and shouldn't have according to my constitutional makeup which I have followed.

My wife had a bad wrist and after one treatment the pain had gone. Mr Sun is always happy and very friendly, it has been a pleasure to be treated by him and I always look forward to my time with him.

A Wills.

I have been receiving acupuncture treatment from Mr Sun for almost one year with exceptional results.

I received treatment for Pre Menstrual Syndrome and back pain. Before I started having treatment I had chronic pain during my period and mental and emotional stress prior. After having acupuncture the pain and the pre menstrual tension significantly decreased. Previously I would use pain relief medications during and prior to my periods but after having acupuncture I did not need to self medicate.

The assessment Mr Sun undertakes each session is very thorough and helpful in all aspects of my daily living. I highly recommended Mr Sun to my friends and family.

J Meldrum.

I have suffered from back and neck pain for the past five years. I tried other treatments to relieve my suffering but was not successful until I received acupuncture treatment from Mr Sun last year. After 20 treatments from Mr Sun I haven't yet had any problems with my neck pain. Also after the recommended 30 sessions my back pain has gradually decreased.

During treatment for my back pain he gave me additional treatment to quit smoking. I was a heavy smoker for 15 years and now I am a non smoker.

He gave me a body type diet which I have found very useful and was also shown exercises that can help my everyday life. Even though I went with initial complaints my overall body condition and quality of life has improved. I continue to see Mr Sun for acupuncture.

Mr Sun's sessions are very informative and helpful. He is an excellent acupuncturist with a wealth of knowledge that he shares throughout the session freely.

N Yun.

I had a fall on November 6 2008 where I injured the right side of my body to the point that I was unable to drive, work or perform my home duties. Once I was able to drive I attended physiotherapy where my elbow and arm were treated but for some reason my shoulder, hip and lumbar spine were not. It appeared to be a time problem as there was only time to treat one area in the time allocated.

In January at a barbeque I heard of Dr Sun and his treatments and that he treated the body as a whole using several different acupuncture techniques. This sounded wonderful to me so made an appointment as soon as I could. I have found him to be very professional and he has a very pleasant manner.

Within a month he had made tremendous improvements to my pain and mobility levels. The intense pain in my joints dissipated and I have made huge improvements in my tendon and muscle aches and pains. My overall wellbeing has improved with increasing strength, circulation and even weight loss. As a result I am feeling positive, secure and generally feeling much better about myself as a person as I had lost a lot of confidence after the fall.

Dr Sun has always treated me with great respect and talks me through the procedures so that I understand what is happening and he answers all my questions openly. I look ahead to ongoing monitoring so that I do not slip backwards and look forward to a full and active life. I thoroughly recommend him to anybody.

M Cederman.

I am very grateful for what you did for me. When I came to you 2 months ago, I had continuously sharp back pain. Before I had treatments everywhere, weekly chiropractic, physiotherapy and normal massage. Sometimes it got a little bit better but after a wrong move it was bad again.

When it got really bad and I couldn't bend over or move up and down anymore. I decided to contact you, Dr Sonny because I heard you were also treating these and other kinds of problems with acupuncture at the Waiwera Hot Pools.

Of course I was afraid of having all these needles in my body, but my pain was so bad that I was not worrying about little needles anymore. To my big surprise it didn't even hurt at all except maybe once or twice like a little bee sting.

The real important thing is that already after 3 treatments I had no more back pain whatsoever. I continued the treatment and today I can even lift heavy objects again and work for a few hours in the garden.

Other improvements of your acupuncture treatments are:

No more headaches

My heavy period and period pains are reduced now

Stress free sleep

Elastic and less dry skin

Your extensive explanation of how and why your treatment was working was very valuable for me. Thank you Dr Sonny for giving me back my happy life.

V Rondova.